

ROLL & STROLL

Walk, wheel and win!

1 - 31
MAY

Win great
prizes

Ride or
walk/wheel
anywhere,
anytime



ROLL & STROLL

LOVE TO RIDE

Hi there! Ready to get moving **this May**?

Regardless of your travel method, every movement counts! **Roll & Stroll** is a month-long challenge that celebrates all modes of active travel. Ride or walk/wheel anywhere, anytime this May and **win great prizes**.

Earn points for every day you're active and for encouraging others to ride. Plus, you get a bonus prize draw entry for each mile you travel! Take part solo or with your workplace, school, or social group to top the leaderboards.

With the **Love to Ride App**, you can easily track your distance and progress, set goals, and access more support to help you get active every day.



Sign up at
lovetoride.net/rollandstrolluk

