

AUTUMN
WINTER
2026

FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI

OPTION
1

Creamy Garlic Pasta
V V

TUESDAY

Pasta Carbonara
with Garlic Bread

WEDNESDAY

Cheese and Onion Pie
with Roast Potatoes V

THURSDAY

Yellow Vegetable Curry
with Wholegrain Rice V V V

FRIDAY

Veggie Fingers
with Chips V

OPTION
2

Cheese and Tomato Pizza
With Garlic and Herb Bread V

Jerk Chicken
with Rice and Peas H

Roast Chicken
with Roast Potatoes, Stuffing and
Gravy

Lasagne
with a Garlic Doughball V V

Southern Fried Chicken
with Chips

OPTION
3

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta V V

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta V V

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta V V

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta V V

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta V V V

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

OPTION
4

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Chocolate Ice Cream
V

Lemon Cookie
V

Crispy Crackle Bar
with fresh fruit slices

Chocolate Marble Cake
V

Yoghurt and Fruit
V V

AVAILABLE DAILY



FRESH FRUIT, SALAD,
YOGHURT AND WATER



BAKED POTATOES
With a choice of topping V V

V Vegetarian V Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

FRUITY!

WEEK 1
WEEK 2
WEEK 3

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027,
15/02/2027, 08/03/2027

AUTUMN
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FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI

OPTION
1

Spicy Tomato Pasta Bake
with a Garlic Doughball

OPTION
2

Cheese and Tomato Pizza
With Garlic and Herb Bread

OPTION
3

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta

TUESDAY

Chinese Vegetable Rice

Beef Burger
with Herby Diced Potatoes

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta

WEDNESDAY

Quorn Roast
with Potatoes, Yorkshire Pudding
and Gravy

Roast Pork
with Potatoes, Yorkshire Pudding
and Gravy

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta

THURSDAY

Beany Pasta Bake

Chilli Mac and Cheese

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta

FRIDAY

Quorn Dippers
with Chips

Fish Fingers
with Chips

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

OPTION
4

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Strawberry Ice Cream

Chocolate Cookie

Chocolate Brownie

Chocolate Fudge Cake

Yoghurt and Fruit

AVAILABLE DAILY



FRESH FRUIT, SALAD,
YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

FRUITY!

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

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WEEK 1
WEEK 2
WEEK 3

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027,
22/02/2027, 15/03/2027

AUTUMN
WINTER
2026

FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI

OPTION
1

Red Pepper and Nut-Free
Pesto Spaghetti



OPTION
2

Cheese and Tomato Pizza
with Nut-Free Pesto Pasta



OPTION
3

Tomato Pasta
Fresh, homemade Tomato Sauce
with Penne Pasta



TUESDAY

Chinese Vegetable Noodles



All Day Breakfast

Tomato Pasta

Fresh, homemade Tomato Sauce
with Penne Pasta



WEDNESDAY

Quorn Roast
with Mashed Potato, Yorkshire
Pudding and Gravy



Roast Chicken
with Mashed Potato, Yorkshire
Pudding and Gravy



Tomato Pasta

Fresh, homemade Tomato Sauce
with Penne Pasta



THURSDAY

Macaroni Cheese



Butter Chicken
with Wholegrain Rice and Chota
Naan



Tomato Pasta

Fresh, homemade Tomato Sauce
with Penne Pasta



FRIDAY

Quorn Dippers
with Chips



Fish Fingers
with Chips

Tomato Pasta

Fresh, homemade Tomato Sauce
with Penne Pasta



HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

OPTION
4

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

Cheese/Ham/Tuna Wrap or
Baguette

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Strawberry Jelly
with fresh fruit slices



Vanilla Ice Cream



Chocolate Cookie



Chocolate Marble Cake



Yoghurt and Fruit



AVAILABLE DAILY



FRESH FRUIT, SALAD,
YOGHURT AND WATER



BAKED POTATOES
With a choice of topping



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FRUITY!

WEEK 1
WEEK 2
WEEK 3

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027,
01/03/2027, 22/03/2027